Resaca Echo

The Lower Rio Grande Valley Power Squadron
Sail and Power Boating News
Volume 33 Number 5
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District 21



A View from the Bridge Cdr Kay Polt, AP

The holidays are fast approaching, and the year is winding down. The past two months have been very busy. This is also the time of

the year where we need to start looking at nominations for next year's bridge. P/C's Chris Rakestraw, BooBoo Lewis, and Larry Lewis are busy trying to get all the positions filled.

Now for the bad news. My job situation has had a sudden major upheaval, and it seems that I will be spending the next several months mostly in China working on a project, with an uncertain future after that. With this in mind, I feel it would be inappropriate to make an additional one-year commitment as your commander. So please, if you are willing to take on this roll for the 2007-2008 year, please contact Chris, BooBoo or Larry.

While I am out of the country, I will do as much as possible via email and phone. We have a very capable bridge, and Jim Guffey, Jerry Carrillo, Barb Ketchum, John Carey, Joyce Armstrong, and P/C Chris Rakestraw will carry on in my absence.

We had a successful day at the spoil banks planting black mangrove seedlings and seeds. It seems the Corps of Engineers are very interested in this project, so our project leaders are going to take a trip to Corpus Christi to discuss it with them. They are very interested in reducing the need for dredging, and our project can have a positive impact on that.

The Fall Conference Cruise to Cozumel was a blast. Only four of our members made the trip, Paul Thompson Jr, Margaret Thompson, Chris Rakestraw, and I had a blast, as did everyone else from the district who attended. Rolando Lozano tried with all his might, but the weather did not cooperate and airport delays would not allow him to get to Galveston in time to make the sailing time. This was one of the best attended conferences in many years. Families came with kids and grandkids, something you don't see too often at a Power Squadron conference. Many people commented that we should do this again.

Our dinner speaker on 2 November, Lt

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Bridge 2006 -2007

Commander Kathryn E. Polt, AP Executive Officer James F. Guffey, S Educational Officer Peter P. Pranis, Jr., AP Administrative Officer Gerardo Carrillo, P Secretary Barbara Ketchum, S Treasurer John B. Carey, Jr., JN Asst Executive Officer Joyce N. Armstrong, S

Members at Large

Daniel Bauer Mike Dodson, JN William A. Rutledge, AP Stuart Simpson, AP Arthur Wilhelmi, AP Jeri Wilhelmi, P

A View from the Bridge (continued from pg 1)

Charles Hawkins, Commanding Officer of the SPI Coast Guard Station gave a very informative and educational talk. We learned that this is the 2nd largest Coast Guard station, and that they spend a lot of time helping with law enforcement. Lt Hawkins offered an open invitation to the Power Squadron members to go along with the crew on a boat ride. The LRGV Bridge is going to look into doing this as an organized event, but you can go over anytime to the station and ask to ride along.

A hearty 'thank you' to those who came out on that drizzly chilly day to help work on the floor of

our property shed. We did a lot of clean up and repair work. We still have a little bit more to go, and will ask for help one more time so that we can have the building constructed. Joyce Armstrong, Daniel Bauer, Jerry Carrillo, John Carey, Jim Guffey, Orren Ketchum, Rolando Lozano, and Sid Rouch lent their tools, muscles, and time. Extra thanks to Daniel Bauer who brought out his tractor and helped clean up the landscape by removing debris and leveling the surrounding area in order to make it accessible with a lawn mower.

Editors Note: Anthony Venegas, Newsletter Editor

Hello, all you boaters out there! The holidays are coming! Thanksgiving is only a week away, and Christmas only a month. I can't wait! Anyways, I'm writing this now to tell you something very important. Don't be afraid to send us articles, questions, pictures, etc. for this newsletter. This is your newsletter! Feel free to send articles to me (venanthony@sbcglobal.net) or Kay Polt (kpolt@aol.com). If you send it, chances are it will be in the newsletter. I try to fit as much as I can in this thing. Well, that's all for now. Have fun boating!





Geodetic Charting and Christmas Party Cdr Kay Polt, AP

Please join us Friday evening 1 December, and Saturday 2 Dec at 8:00am for the District 21 Geodetic Charting event (and social activities). If you have never been, geodetic coop charting is much like a treasure hunt, looking for hidden markers somewhere in the area. Don't worry if you don't know how it is done, because we need people with local knowledge who can help decipher the clues in the directions. Teams of people will be working together and experienced people will show you the ropes. Also, the District brings their 'bar', and for \$10.00 you are welcome to help lower the level in all those pretty colored bottles and cans all weekend. See the flyer on page 14 for more details.

Our annual Christmas party will be held starting at 3:00pm on Saturday 2 December, at the Laguna Madre Yacht Club in Port Isabel. This will be held in conjunction with our District 21 Coop Charting event that we are hosting earlier that same day. This will be 'pot luck' with finger foods. Please let Chris Rakestraw or Kay Polt know what you can bring. We will have 10-20 people from the district coming to join us, so we want to show them our hospitality.

After the Christmas party, we will go watch the lighted boat parade, and then after that have a wonderful dinner at Marcello's Italian Restaurant in Port Isabel. Cost of the dinner will be \$17.00 per person, gratuity included.

We hope you can join us for the entire day, but if you are unable to join us for the coop charting, you can still join us for any or all of the other activities.



October's Dinner Meeting on November 2nd was Great!!!

Lt/C Peter Pranis Jr. AP, Educational Officer

October's dinner meeting was held on November 2nd so

members attending the district 21 Fall conference/ Cruise could make it.

It was a very good meeting. It was held at the Howard Johnson's Motel on Stewart Road, west of Harlingen off the expressway. We had the dining room to ourselves. Brought our own liquor and had a nice meal. Next time let's have Mexican! The high point was our guest speaker.

Lt. Charles Hawkins, Commander of the Coast Guard Station South Padre Island had us eating out of his hand. Lt. Hawkins gave us a straight talk on the issues, operations, and problems facing the Coast Guard here locally. He told it like it is. For example, the Coast Guard (CG) can't pursue illegal anybody once they land on Padre Island or the northern bank of the Rio Grande. Local police or Border Patrol have to be there. Sometimes they are so swamped that they just let the culprits go. Other points:

- If we see something suspicious, don't use channel 16. The bad guys might be listening. Try channel 23 instead. The CG monitors use of this as well. Maybe the bad guys don't.

- Helicopters from Corpus have a 2 to 2 and 1/2 hours flying time, but it takes 1 and 1/2 hours round trip from Corpus, leaving a half hour to an hour to do searching here. They can't normally refuel at Brownsville. Why? Good question!
- Station is getting new boats. Forty footers can go 40 to 50 knots. New member Marty Glore has already on out on them. He's impressed. You have to strap into shock absorber seats so you don't literally bounce off the walls when the boat is going at speed in 3-4 foot seas. Really neat boats.
- You can fish in the Port of Brownsville without braking any federal laws, so long as you don't tie up to an ATON. The security director at the port doesn't see It this way, but Lt. Hawkins thinks he's bringing him around.
- We are invited to go out with the Coast Guard in their boats. This probably needs to be coordinated within the Squadron, but should be as rewarding as going out with the Brownsville pilots.

Over all, Lt. Hawkins gave an excellent extemporaneous talk. He coolly handled the toughest questions members could throw at him. His performance not only was impressive, but everyone attending the meeting came away with increased confidence and respect for the Coast Guard. Lt. Hawkins straight forward, honest talk sets a new, higher standard for future programs to be measured against. If you missed it, you missed a really great program.



Software Orders Cdr Kay Polt, AP

For those of you who had TechSoup software orders, we are close to having those sent out. We have received the order, now we need to make copies for everyone. Our Admin Officer Jerry Carrillo has agreed to take on the tedious and time consuming job of making all the copies, and he will get them all done over the next couple of weeks.

-WANTED-

DISTRICT 21 SHERIFF'S DEPARTMENT OF CONFERENCE ATTENDANCE ENFORCEMENT





"THE HACKER" POLT

OHICK PRAW" PRICE

RUTHLESS MEMBERS OF THE SOUTH TEXAS FIVE.
THOUGHT TO BE ILLEGALLY KEEPIN' PORPOISES AS
PETS. "QUICK DRAW" IS KNOWN TO BE BUYIN' BLACK
MARKET WHOOPIN' CRANES TO FEED SAID PETS. "THE
HACKER" IS WANTED FOR TRAFFICIN' ENDANGERED
SPECIES FOR ILLEGAL PORPOISES.

USPS DISTRICT 21 SPRING CONFERENCE 29 MARCH TO 1 APRIL 2007 AUSTIN, TEXAS

IT IS A CRIME NOT TO ATTEND BY DECREE OF SHERIFF CHARLIE "DEAD EYE" STRONG

-WANTED-

DISTRICT 21 SHERIFF'S DEPARTMENT OF CONFERENCE ATTENDANCE ENFORCEMENT





"MONGO" MAZOO

Without question one of the most dangerous gangs in the district. Known for relentless monkey teasin', zoos in several states are to be on alert for these thugs. Warrants have been issued for bad talkin' the $\mathfrak{D}/\mathfrak{C}$, and stayin' up too late on cruise ships.

USPS DISTRICT 21 SPRING CONFERENCE 29 MARCH TO 1 APRIL 2007 AUSTIN, TEXAS

IT IS A CRIME NOT TO ATTEND BY DECREE OF SHERIFF CHARLIE "DEAD EYE" STRONG

2006 Calendar of Events

18 Nov — Engine Maintenance Class Starts , 10:00am - 2:00pm at *The Sportsman*, W Bus 77 in San Benito 956-399-5123. Call Pete Pranis 956-630-0648 or Stuart Simpson 956-943-6838 to sign up. Class will resume in January, after the holidays. Cost: \$27.50

1-2 Dec — District 21 Coop Charting Event, hosted by LRGV. Geodetic Markers (land based) search and recovery. Port Isabel / South Padre Island. Hotel Casa Rosa in Port Isabel, \$45.00.

2 Dec — LRGV PS Christmas Party 3:00pm at Laguna Madre Yacht Club, Port Isabel Lighted Boat Parade 6:00pm, and Christmas Dinner, 8:00 pm Marcello's Italian Restaurant in Port Isabel. All District 21 members who attend the CoCh event are invited.

14 Dec — Bridge Meeting, 6:30 Carey Sheet Metal, Harlingen

2007 Calendar of Events

6 Jan - 17 Feb — Engine Maintenance Class continues , 10:00am - 2:00pm at The Sportsman, W Bus 77 in San Benito 956-399-5123. Call Pete Pranis 956-630-0648 or Stuart Simpson 956-943-6838 to sign up. Cost \$27.50

20 Jan — Annual Members Meeting and Past Commanders Dinner, Time and Location TBD.

8 Feb — Boat Show Booth Set-Up, Time TBD

9-11 Feb — All Valley Boat Show, Mercedes Texas

24 Feb - 17 Mar — Public Boating Course, Time and Location TBD

10 Mar — LRGV Change of Watch, Time and Location TBD

D21 Fall Conference hosted by Beaumont Power Squadron

by P/C Chris Rakestraw

Let's have more D21 Conferences at alternative places (besides ordinary hotels).....my opinion of course. Guess you figured out that I liked the Conference Cruise. I think that just about everyone enjoyed the cruise onboard the Carnival Cruise Ship Ecstasy. Conference attendance was up with many members bring their kids and grandkids. Kay Polt, Margaret Thompson, Paul Thompson Jr. and I represented LRGV. Rolando Lozano was scheduled to go but after several 'happenings', the final blow came Thursday morning when Hobby Airport shut down due to weather, leaving Rolando stuck at the Harlingen airport, missing the boat.

The ship left Galveston Thursday, 26th October and after getting settled in our staterooms, we all went to a D21 Cocktail Party held in the Stripes Disco; great opportunity for all attendees to socialize. Lots of meal options but our contingent all chose having dinner in the formal dining room. We were seated at 3 different tables where we were able to chat with other D21 members. (see picture of Cdr Polt at dinner)

Friday was business beginning at 0900. A combined Council and Conference Meeting was held in the Chinatown Lounge. Usually the Council and Conference Meetings are separate; I like this format as it avoided members having to make 2 separate presentations plus other duplication of effort. Cdr Polt received, on behalf of LRGV, a Two Star Squadron Award. Kay & Rolando also made the Coop Charting Honor Roll (again) and were presented with Certificates. P/C Christine Rakestraw received the Certificate of Educational Profi-

ciency (in recognition of successful completion of the grade of Advanced Piloting (AP) or higher and three elective courses). Cdr Polt, in her D21 Webmistress hat, gave a presentation. I also gave a short presentation for my position as District PRO. Prior to dinner we all got dressed up in our finery for the Captain's Cocktail Party and formal dinner.

On Saturday morning we docked in Cozumel and had a free day. Kay and I took the island tour with shopping thrown in. What absolutely beautiful and amazing colors of water surrounding the island!

Sunday was action packed with many seminars: Leadership Development, Sun Sights, Co-op Charting and Electronic Merit Marks (note: LRGV was the 1st in the nation to submit their Merit Mark Recommendations using the new electronic system! Congrats!) The morning began with a members Memorial at the stern of the ship honoring D21 members who passed away in 2006 and was topped off with another Cocktail Party before dinner.

Something I found interesting: the lifeboats: a far cry from the old open ones. They are totally enclosed with a 'helm' and can hold up to 155 people.

Shirley Heald, my roommate, past Treasurer of D21 from Dallas, picked out new sun glasses for the Captain! We happened to be in the jewelry shop when the Captain came in to purchase a new pair and Shirley ended up giving him her opinion; he took her recommendation and is now wearing the pair she selected!

Another interesting site is of Cdr Polt with Cdr Tom Moilanen of Lake Charles.....

Meetings held in a bar (obviously closed at the time) with Chinese lanterns and dragons and Tom Moilanen. Who says these events have to be dull?!





Pictures of the life boats at the cruise.

Views from the District 21 Cruise to Cozumel



Chris receives her Educational Proficiency Award from DEO Alice Pippin



Cdr Kay Polt receives LRGV awards in coop charting from RC Howard Yost.



Chris and her roommate Shirley Heald from Dallas Squadron keep the wine bottle safe.



Kay Polt managed to grab a window seat for the evening dinners.







Food Art displayed at the midnight buffet.



Beautiful displays created with food.



Cruise Ship Ecstasy docked in Cozumel.



Water colors of blue that are hard to describe.



Vegetation damage from Cat-5 Wilma remains on much of the island. A lot of building structures are already repaired, or are under repair, while a few are still waiting their turn.



Paul Jr. and Margaret Thompson enjoy the Formal Dinner while on the cruise.



Ancient Mayan Tempel on Cozumel.



Examples of the native resource, black coral. Here we see natural coral, then after it has been polished, and made into jewelry.



On the sapphire blue waters of the Gulf.



PC Chris Rakestraw watches another ship on the horizon while eating breakfast

November-December Birthdays

Billy G. Scaife
Debra Rivas
Jada Thacker
Luis R. Venegas
Bruce D. Bauer
Jeri Wilhelmi
Peter P. Pranis Jr.
William P. Stocker
William A. Rutledge
Joyce N. Armstrong
Gerardo Carrillo
Maurice O. Berry

November 05
November 13
November 18
November 20
November 21
November 30
December 03
December 04
December 11
December 15
December 22
December 24





HAPPY BIRTHDAY!

The Spoil Bank Project-Part I

Lt/C Peter Pranis Jr. AP, Educational Officer

On 30 September 2006 the Lower Rio Grande Valley Power Squadron and Boy Scout Troop 68 from McAllen joined forces to make Eagle Scout candidate Eloy Garcia's Eagle Scout project to re-vegetate Lower Laguna Madre spoil banks happen.

Eloy's project was to plant black mangrove seedlings along the shore line of the three south most spoil banks in the Lower Laguna Madre. The objective is that as the black mangroves grow they will help stabilize the shoreline against wind and wave erosion. Further, once participants reached the banks they found that established black mangrove trees were dropping seeds. Consequently, many more seeds were planted directly in the spoil soil, skipping the seedling phase. They will be monitored to see you they turn out. Who knows, it might be more effective than seedlings!

The project started in January 2006 when Squadron members Dr. Rod Summy, AP; Lt/C Pete Pranis, AP; Bill Stocker, S and Dr. Bill Bieker did a follow up survey of the south most spoil banks (now referred to by the politically correct as disposal sites) to look for black mangroves and surviving lucena trees from Paul Stocker, S's 2000 Eagle Scout planting project. This team found the black mangrove trees were dropping seeds. So...in a spur of the moment decision they gathered hundreds of seeds to start a seedling farm! The farm was set up that afternoon in Dr. Bieker's backyard at his house on South Padre Island. About 300 seeds were planted in Styrofoam coffee cups. Some local scouts agreed to water them.

About 200 seeds sprouted. By September 2006 about 90 were still going strong. At that point, the watering switched from fresh to salt water to get them ready to be transplanted to the banks. Thus, by the time Eloy was ready to plant at the end of September, 41 plants were still alive, but on a salt water diet.

Note: This was an important discovery. The Bahia Grande vegetation project backed by the Corps of Engineers, south of Brownsville, spent tons of money to plant lots of seedlings in the Bahia Grande. Since they were raised exclusively on fresh water, they all died! The shock of salt water was too much.

Even though we only had 41 seedlings, it took our crew of about 15 Scouts and 5-6 Scout leaders all day to plant them. And again, as mentioned, the whole crew opportunistically planted black mangrove seeds on the islands. For the seed plantings, we have GPS way points to track the paths of the seed plantings.

For the seedlings, we have both GPS lat. And lon. positions plus Eloy made a bunch of 1 inch PVC pipe markers to locate next to each seedling planted. That way we can check their progress in the future using location means. The first check will probably be sometime in December.

The Squadron supported the project by supplying manpower, boats, and hand held GPS units. Squadron members who participated include: Cdr Kay Polt, AP; Rolando Lozano, S and their boat; P/C Larry Lewis, S and P/C Boo Boo Lewis P with their boat; George and Debra Rivas and their boat; Luis and Tony Venegas, with their wife/mom plus younger brothers Adrian and Jorge and their boat; Bill Stocker, S with his boat; P/C Rod Summy, AP and Lt/C Pete Pranis, AP. We also had former Squadron members Bill and Judy Herman with their boat. Dr. Bill Bieker came with his boat and provided valuable assistance as well.

The whole crew set off by boat from the Boy Scout's "Sea Base" at the southern tip of the South Padre Island past the country park. They headed out at about 0800. On the way out the Lewis's had propeller thrust bearing trouble so they had to head back. However, before they did turn back, they transferred the Scouts they were carrying to other boats.

The southern and northernmost seedling planting positions and number of seedling planted on each spoil bank are as follows:

Southmost Bank:

26° 12.144'N 097° 15.883'W 26° 12.154'N 097° 15.877'W

Ten seedlings planted

Middle Bank:

26° 12.252'N 097° 15.947'W 26° 12.381'N 097° 15.950'W

Ten seedlings planted

Northernmost bank:

26° 12.692'N 097° 16.107'W 26° 12.905'N 097° 16.161'W Twenty one seedlings planted

The biggest problem the crew faced was walking ashore from the boats. The boats had to anchor some distance from shore because of shallow water. Pete Pranis wound up crawling to the last island because the bottom was so soft he was sinking into mud up to his mid-thighs! If this becomes an on-going project, the Squadron is going to have to get very, very shallow draft lighters to ferry people and materials from the boats to the banks. Otherwise, we'll shurn up the bottom around the banks into a big mud bath that wont support the lightest crew member.

The biggest surprise was that on the northern most bank we found a row of lucena trees that were planted as part of Paul Stocker's Eagle Scout project. They were semi-dormant due to the recent drought conditions but clearely were alive. All of these trees were in a line on quite high ground i.e. the top of the burm formed by dredging work. Thus one of Rod Summy's Ideas was shown in spades: survival of the plant species may be dictated by the banks topographic features, especially height above sea level.

On the way back from plantings Kay and Rolando's engine apparently had it's cooling water intake blocked by a piece of discarded plastic film. The film cut off the cooling water flow so the engine seriously overheated to the point of freezing up. This is a lesson as to what can happen when trash is discarded over the side. Trash can and does kill sea life as well as destroy equipment!

Once back at the scout's "Sea Base" camp the Scouts served everybody a super pizza lunch. This was followed by a memorable shrimp boil supper for those who stayed to the bitter end.

Overall, it was a terrific experience for everybody who got involved.



Spoil banks that were vegetated. (Image courtesy of Google Earth TM)





Work Day to Repair the Floor of Property Shed By Kay Polt

Several members brought their tools, talent, and muscles to tear off the plywood layer, and replace damaged sections of the 2x6's of the sub-floor. Pictured: Daniel Bauer, who brought his tractor to work on the surrounding landscape, Orren Ketchum, Rolando Lozano, John Carey, Kay Polt, and Jerry Carrillo. Not pictured: Jim Guffey, Sid Rouch, and Joyce Armstrong. Once the drizzle stopped, the day turned out very nice, as it was cool enough to make the outdoor work pleasant.

-WANTED-

DISTRICT 21 SHERIFF'S DEPARTMENT OF CONFERENCE ATTENDANCE ENFORCEMENT



"M.O.B." WELCH



"SHOWBOAT" McDonald

THESE TWO LEAVE A WAKE OF MANY HIDEOUS MISDEMEANORS AND SOCIAL CRIMES. WANTED IN PARTICULAR FOR THE FELONY OF SEAHORSE SHAVIN'. ALSO SUSPECTED OF ILLEGAL COW MILKIN' AFTER DARK IN A DRY COUNTY DURING A LIGHTED BOAT PARADE.

USPS DISTRICT 21 SPRING CONFERENCE 29 MARCH TO 1 APRIL 2007 AUSTIN, TEXAS

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The Spoil Bank Project-Part II Lt/C Peter Pranis Jr. AP, Educational Officer

In the August 2006 Lt/C Pete Pranis, AP wrote up a 7 page draft letter outlining the spoil bank project for Bill Stocker, S as part of the effort to clear the way through "legal" channels for Eloy Garcia's Eagle Scout project.

Somehow a copy of this letter reached the U.S. Army Corps of Engineer's Corpus Christi Regulatory Office. It got their attention so they contacted Dr. Rod Summy, AP the chairman of the Squadron's Environmental Committee as well as Biology Professor at the University of Texas Pan American.

A meeting was held in Corpus Christi attended by Rod, Dr. Frank Judd Biology Professor of UTPA and Pete Pranis. They met with Corps staff.

The result of the meeting is that the Corps is very interested in our spoil bank project as a way to channel required "wet lands mitigation effort monies" generated by development on South Padre Island into effective wet lands enhancement or expansion projects in local areas. These "mitigation efforts" can be considered trade offs. If you destroy wetlands at place A, you must increase or enhance wetlands at place B. The closer A and B are the better. You can't get much closer to South Padre Island than the spoil banks!

So, if we can establish that our spoil banks re-vegetation/vegetation program <u>really</u> works, the Corps might direct that developers pay us to do vegetation/re-vegetation work on the spoil banks!!

The Corps likes the idea and the sophisticated monitoring/surveying program Rod Summy is putting together with Dr. Judd and others at UTPA, but there are also concerns:

- 1. We must develop ways to successfully revegetate the banks and document this success. Rod's work here will be invaluable. The Bahia Grande experience, financed by the Corps, is a very sore point. They don't want a repeat.
- 2. The Corps has a love/hate attitude towards vegetating the banks. If they are vegetated, well the environmentalists go ballistic when the Corps needs to dump more spoil on the vegetation, killing it? Here, we need to demonstrate how the banks can be quickly re-vegetated after being inundated by more spoil.

- 3. Some birds like high habitat, others low. Here the birds have human partisans fighting for various species. How will our plantings figure into this?
- 4. For this to work, there is going to have to be a permanent, organized effort that the Corps can call on as needed. This probably means establishing a nursery and/or figuring out how to successfully seed the banks. This is real science.

Note: The Scouts are great for manpower, but willing Eagle Scout candidates are a hit or miss thing. Would Tony Venegas's high school, the Science Academy, be interested in getting involved? Would UTPA and UTB as well as private nurseries be interested?

What kind of organization should run this? An independent foundation? The Squadron? A private company? There are lots of things to be sorted out while we are having fun working on the spoil banks. That is if we want to set this program on a solid foundation.

Folks, fellow members of the Lower Rio Grande Valley Power Squadron, give this some serious thought! We are at the right time to push this project, but how do we do it? If we can put it together, the funding is very possibly there!



Saturday 2 December 2006 at 3:00 - 5:30pm (after the District 21 Geodetic Charting Event) Where Laguna Madre Yacht Club - Port Isabel What Snacks and Fellowship. We will be joined by friends from other District Squadrons Please bring finger food or snacks to share & your beverage of choice. And then.... Join us at 6:00pm at the end of Pompano Ave for the Lighted Boat Parade After the parade at 8:00 we will have dinner at Marcello's Italian Restaurant in Port Isabel - \$17.00, gratuity included.

Please RSVP by 29 Nov
Kay Polt: kpolt@aol.com
Chris Rakestraw 956-245-7880



<u>Today's First Aid Lecture</u> <u>Dr. Luis R. Venegas</u>

Hello again! Well, the year is about to end. It was a great year for boating. No hurricanes, but the Laguna Madre claimed one life and several injuries from a capsized boat

Today, I will give you some hints on treating injuries and present a few possible scenarios.

First, I will talk about lacerations. Most of these are preventable by making sure that your boat does not have sharp edged, loose screws, fishing hooks, and other sharp objects. These should be stored properly, where they will least likely cause injury. The first step after an acute injury or laceration is to place the injured person in a comfortable position, preferably laying down. It is really common for the person to faint (vaso-vagal syndrome) either with the presence of blood or pain. Apply direct compression over the wound if it is bleeding profusely. After 30 seconds, inspect the wound for any foreign objects. Sharp objects like knives, screws, screwdrivers, etc. should

be kept away. The object(s) that caused the wound should be left in place until you can get medical attention. An attempt to pull a sharp object from a wound may cause more damage. One of the bleeding stops, clean the wound with water. Ocean water may be utilized if no other water is available. Then, clean the wound area with a betadine swab or solution. Apply Neosporin ointment, which you should carry in your first aid kid. Then cover with gauze and apply pressure. Keep the injured person comfortable at all times, well hydrated, and laying down until you can get to port. Depending on the severity of the injury, activate EMS (Emergency Medical System) by either dialing 911 on your cell phone or channel 16 on your VHS Radio. Prompt medical attention is important and proper antibiotic therapy and care. Do not go home and play doctor yourself.





SAIL AND POWER BOATING

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