



Fall

2013

Schedule of Upcoming District Activities

Page

15 November, 2013	Pre-Conference Dinner	5
16 November	District Fall Conference	3
21 February, 2014	District Council, NU	
22 March	District spring Conference	

Also in this Issue

From the Helm, District Cdr George Gilbert, AP	2
Education Officer, D/Lt/C Anthony Salzarulo, JN	2
Plans for celebrating New Haven's 100 th	4
Directions to Pattaconk YC, Chester, CT	5
Conference Lunch, Dinner, and Hotel Reservations	5
Mates Program	5
Spring Education Initiative	5
Adventure from Bermuda	6

District Spring Rendezvous returned to Saybrook

Our annual District Spring Rendezvous and Council meeting was hosted at the Saybrook Point Marina again this year and we all enjoyed the venue. The meetings and meal were held in a pavilion owned by the town of Saybrook while members docked their boats at the adjacent marina. Activities such as the flare demo, the Blessing of the Fleet, and the Homeland Security Coast Guard vessel were hosted by the Marina at their dock.



District Chaplain, Paul Bialecki, led the Blessing of the Fleet.



D/Lt/C Charles Marino takes his turn shooting a flare.

From the Helm: D/C George M. Gilbert, AP

All in all we had a wonderful 2013 Boating Season. The "Blessing of the Fleet" performed by Cdr. Bialecki at the D1 Summer Rendezvous must have worked for me since "*Northern Dancer*" had an uneventful summer with over 85 engine hours logged. Uneventful is Good. The weather was great for enjoying time aboard our vessels. The new electronic package I installed aboard "*Northern Dancer*" worked well with no glitches; that USPS GPS Seminar paid off as well as my discussions with Jim Long. There were many successful squadron events. The Rendezvous/Council Meeting at Saybrook Point Marina was well attended, D/Lt /C Andrea represented D1 at the Sail Race, the mini-cruise was sparsely attended except for a few hearty souls that braved the elements to attend.

The 2014 District 1 Rendezvous is being planned in New Haven since District 1 wants to support New Haven celebrate their 100 year anniversary. Please keep your schedule clear the 20, 21, 22 June. There will be events planned throughout the weekend for this momentous occasion. New Haven squadron will lead the squadrons in the parade at the USPS Annual Meeting in Jacksonville, FL. 28 January through 2 February. If you are up for supporting New Haven make sure you plug those dates in your schedule and make your Hotel reservations.

Now that the 2013 Boating Season is drawing to a close it is time to shift gears and concentrate on our mission of Boating Safety by offering USPS Boating Courses. Offering these courses also provides continual improvement of our own skills helping us accomplish our personal goal of Safe Boating. Any squadron that needs help in organizing your education program can contact anyone on the D1 Bridge. Your District Bridge is working towards enhancing communication between squadrons and the courses they are offering.

I thank the District 1 Bridge and all of you members for the contributions and volunteerism you are making in keeping with the mission of USPS by supporting your local squadrons and District 1. Together we can create a culture of boating safety accomplished by continual education while having fun along the way.

Education Officer-D/Lt/C Anthony Salzarulo, JN

Our fall District 1 Conference is coming up soon and I am excited to report that your District Education Department has two exciting programs to offer you during the afternoon (concurrent) breakout sessions.

"Boating Education in Connecticut - The Next Five Years". Subtopics include: online education, one day classes, anticipated future legislation in Connecticut, trends in other States, on the water instruction, future DEEP involvement, and developments from the Safe Boating Council and the National Association of State Boating Law Administrator's (NASBLA).

"Electronic Navigation with Rosepoint© Software" Rosepoint© is a USPS partner and provides us the "lite" software we give out the ABC students. This demonstration will use the full version that I personally use both at home and on the water. The presenters will also utilize classroom demonstration techniques that have proved effective for students. You are welcome to bring your laptops to this breakout session. (Leave your dividers and parallel rulers home!) In addition to the concurrent breakout sessions, the Education Department will present both the Chapman and LeBel awards and also awards for Full Certificate and Educational Proficiency.

The Pattaconk Yacht Club offers an excellent venue for the conference and I look forward to seeing you there.

Sounds of 1, Fall, 2013
Fall Conference Issue

Page 2



We had a nice turnout for the National Governing Board in San Antonio, Tx

CALL AND AGENDA FOR 2013 FALL CONFERENCE

DATE: Saturday, 16 November 2013
HOST: Saybrook Power Squadron
TIME: 0900
PLACE: Pattaconk Yacht Club (see directions on page 5), Dock Road, Chester, CT
DRESS: Uniform F or other appropriate attire

Schedule:

0800 Registration. Ships Store, Coffee, Raffle Tickets
Teaching Aids Setup-1 exhibit per Squadron

0900 **Call to Order:** D/C George M. Gilbert, AP
Presentation of Colors/Pledge of Allegiance D/Lt Ken Bell, Sr., AP
Invocation: D/Lt Paul Bialecki, P, Chaplain
Introduction of Past District Commanders in attendance P/D/C Herb "Bud" Greenbacker, SN
Introductions of Guests and Head Table D/C George M. Gilbert, AP
Welcome to Conference Cdr Chris L. Vanderstad, AP, Saybrook Squadron
Conference Roll Call: D/Lt/C Linda L. Lewis, AP

0930 **Message** from the Chief Commander R/C Kay Simkins,

1015 **Program-** "Adventure from Bermuda" (see page 6) P/C Karl Meyer, AP, Springfield

1115 **Spring Education Initiative** (see page 5) D/Lt/C Tony Salzarulo, JN

1130 **Attitude Adjustment** — Judging of the Teaching Aid displays

1200 **Luncheon**--See page 5 for menu and reservations.
* Awards presentation by D/C George M. Gilbert, AP and R/C Kay Simkins, AP
* Raffle

1400 **Departmental Workshops** (*for Officers indicated, and others interested*)
South Meeting Room-2nd Floor-**Commander's Meeting** D/C Gilbert
Main Meeting Room-**Electronic Navigation with** D/Lt/C Salzarulo
Rosepoint© Software Lt/C Egbart Most, AP
Main Meeting Room-**Boating Education in CT** CT DEEP P/C Eleanor Mariani, AP
The Next 5 Years P/C Mark Chanski, P
Meeting Room-1st Floor- **Mates Program** Patricia Lynch, RD, CDN
"Nutrition - a little information can go a long way"

1500 **Reconvene the Conference** – Business Meeting
Action on the minutes of the 23 March 2013 Spring Conference
Reports of the District Officers
District Commander D/C George M. Gilbert, AP
Executive Officer D/Lt/C Arthur Andrea, AP
Educational Officer D/Lt/C Anthony Salzarulo, JN
Administrative Officer D/Lt/C Charles L. Marino, P
Secretary D/Lt/C Linda L. Lewis, AP
Treasurer D/Lt/C Clifford W. McKibbin, SN

Reports of the General and Standing Committees:
Audit Lt/C Robert E. Borden, P
Nominating P/D/C John R. Nason, SN
Rules P/R/C Ralph L. Borriello, AP
Planning P/C William Bonney, AP
Law D/Lt/C Anthony Salzarulo, JN

Unfinished Business

New Business

Approval of the 2014-2015 D-1 Budget P/D/Lt/C George D. Gwizd, JN
Confirm the date and location for the 2014 Spring Conference, Host: Manchester Squadron
Consideration of any other business that should come before this meeting

1630 **Benediction** Chaplain D/Lt Paul Bialecki, P

Adjournment

By Order of the District Commander:
George M. Gilbert, AP

Sailing to 100 – New Haven Centennial Celebration Planning

Ed: the New Haven Squadron will be celebrating its 100th Anniversary in 2014 and the District is planning to join with them and host its June Rendezvous in New Haven on the same weekend. Details on the District Rendezvous will be provided in the spring Sounds of 1. The article below was provided by Cdr Donna Ferrucci and Centennial Chair P/C Richard Hackley.

The following contains some historic information handed down to us by P/C John Murphy in his article “Laying the Keel of the New Haven Power Squadron”, written for our 75th Anniversary in 1989.

In the winter of 1913-1914, a circular letter by Roger Upton, describing the activities of the Power Squadron of the Boston Yacht Club, of which he was Commander, was received by many East Coast yacht clubs. He was suggesting that these clubs send delegates to a meeting in New York to consider the matter of organizing other Power Squadrons, all to be grouped under a central organization. It had been decided that from the New Haven area Frank S. Cornwell, Osborne A. Day, and John K. Murphy were to be the Examining Board for this new district, if they should prove qualified.

Sometime after this meeting in New York, Nathaniel L. Stebbins, an officer serving under Roger Upton in Boston, met with the three men at the Union League Club in New Haven. All three men were former Naval Officers or Naval Militia and passed a fairly detailed exam. They, in turn, examined applicants for membership in the Power Squadron of New Haven, as it was then called. Twenty-four men from four area clubs (the New Haven Yacht Club, the Waucoma Yacht Club, the City Point Yacht Club, and the Volunteer Sailing Club), whose names appear on the original charter dated April 25, 1914, established the new unit.

To celebrate that period of time when both the New Haven Power Squadron and the central organization, USPS, were founded, we have booked two events to be held on the weekend of June 20-21, 2014. On Friday evening, 20 June, we will have dinner at the site of the creation of the District Examining Board, the Union League Café, which today is an upscale restaurant featuring French cuisine. There we will enjoy a full course price fixed dinner, including dessert and wine, tax and gratuity for \$80 per person. To entertain our guests, we are putting together a reenactment of the examining board discussion... at least our version of what may have taken place. Everyone is encouraged to come dressed in period attire appropriate for 1914.

The second event which anchors our celebration is a four hour dinner cruise aboard the vessel *Mystique*, of the Lady Katherine Cruise Line, on Saturday, 21 June. We will depart from the Long Wharf dock in New Haven Harbor at 1900 hours to a full course meal with Branford Harbor as our destination to watch the town's Fourth of July fireworks in high class style. The *Mystique* is a 120' multi-level cruise ship with an air conditioned fine wood and white linen interior and an open upper deck for unparalleled viewing. All the while the fifteen piece 2nd Company Governor's Foot Guard Dance Band will be playing their hearts out. The cost for this is \$90 per person.

Anyone wishing to attend both events will get a \$20 discount... that's \$150 per person for both, if paid by February 1, 2014. We do encourage people to book early, as seating is limited at each function. Please contact Commander Donna Ferrucci at d.ferrucci@snet.net, phone is 203-469-7712 or P/C Richard Hackley at hack1963@yahoo.com, 203-315-0135, for more information. Checks payable to NHPS may be mailed to Donna Ferrucci, 128 Morris Avenue, New Haven, CT 06512.

Directions to the Pattaconk Yacht Club:

1. Take Rt. 9 to exit 6.
2. Take a left(from South bound) or right (North bound) onto Rt. 148 toward the Hadelyme ferry.
3. Drive through Chester and the light at Rt. 154.
4. Take the 1st right onto Dock Road.
5. Park across from the main building.

District Fall Luncheon

The menu will be a hot and cold buffet, dessert, and coffee. The cost is \$19 per person which includes wine/Beer/soda. There are limited eating facilities close by and Pattaconk rules do not allow food to be brought in when they are furnishing a meal. There will be limited plates for sale at registration for \$20, so be sure to make your reservations by 10 November, 2013.

Send your check, for \$19.00 per person made out to USPS D-1to: Elaine Williams, 10 Duchess Dr, Old Lyme, CT 06371

Pre-Conference Dinner

15 November, 2013, 1730, La Vita Gustosa Ristorante Italiano, 9 Main St., East Haddam, CT 06425
860-873-8999 www.lavitagustosa.com/

Please come and join us for the pre conference dinner. It is not for District Officers only. It is for all members and a great way to meet people from other squadrons as well as your Chief Commander's representative.

Please contact Charles Marino for reservations by 10 November, 2013, 203-723-7362 bluenoseii@sbcglobal.net

Hotel Reservations

Those wanting to stay at a local hotel can stay at the Comfort Inn, 100 Essex Road, Old Saybrook, CT, 860-395-1414. This hotel is conveniently located 10 miles away from Pattaconk Yacht Club, making it approximately a 15 minute ride to the meeting.

Mates Program "Nutrition - a little information can go a long way"

Patricia Lynch, RD, CDN, *Dietitian in Functional Medicine*

If you have diabetes, heart disease, arthritis, depression, asthma or obesity, inflammation is running crazy in your body. Your way of eating can have a positive effect on quelling the inflammation. Learn which foods at breakfast, lunch and dinner will help fight inflammation. Come join Patricia Lynch, a Registered Dietitian, to learn more about inflammation and the foods that keep it at bay. And, if you are concerned that you will not be able to enjoy dessert, learn otherwise! Come enjoy some tasty treats that make the anti-inflammatory way of eating a breeze.



Spring Education Initiative

We are encouraging all squadrons to schedule ahead all course offerings (at a minimum) through the summer of 2014. This would include all public course offerings (ABC) and advanced grade and elective courses as well. Additionally, if your Squadron is contemplating any seminars they should be scheduled as well. The target date for getting your schedules into district is New Year's Day. This will allow sufficient time to compile the course offerings for distribution at the boat shows. If you are contemplating a winter ABC course, keep in mind the Hartford Boat show is the last week of January.

A more ambitious goal would be for squadrons to schedule courses two and even three years out. Now that the district is advertising in the boaters guide it becomes increasingly important to make sure the members and the public at large know what we're offering. We have the best materials and talent for recreational boating education and we should let the public know what were offering. You will be hearing more about these issues at the upcoming Fall Conference.

Sounds of 1, Fall, 2013
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U.S. Power Squadrons, District 1
c/o 44 Copplestone Rd., Avon, CT 06001.

Commander D/C George M. Gilbert, AP 860-342-4614
Executive Officer D/Lt/C Arthur Andrea, AP 203-468-1210
Educational Officer D/Lt/C Anthony Salzarulo, JN860-267-7073
Admin Officer D/Lt/C Charles L Marino, P 203-468-1210
Secretary D/Lt/C Linda L. Lewis, AP 860-423-3341
Treasurer D/Lt/C Cliff McKibbin, SN 860-673-1584

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Edited by: D/Lt/C Cliff McKibbin, SN 860-673-1584
Cliff99.McKibbin.comcast.net

Photos: P/C Bill Bonney, AP Records: P/C/C Bob Woods, SN
Mailing: P/D/C Pat Pabouet, P

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Adventure from Bermuda

In April, 2012, Karl Meyer joined Captain Chris and owner, George Patrick, on board the sailing vessel Annabelle, a Shannon 38 cutter rigged ketch, in Bermuda. They were to sail her back to Newport, Rhode Island, completing a trip to the Azores that started the year before. With post card perfect weather they left Bermuda only to find themselves in a storm coming off the Carolinas. The presentation will include preparations in Bermuda, an Idyllic sail, building up to the storm packing 55 mph winds and twelve to twenty foot seas, crossing the gulf stream, and the dash home to beat an incoming nor'easter. Karl Meyer has spent equal time sailing and power boating, holds a Coast Guard Captain's License, and is Past Commander of the

Springfield Power Squadron.



Annabelle in Bermuda



Captain Karl at the helm