

Sail 101 Course Syllabus

Date	Sections	Subject
TBD	1	Sailboat Rigs Sail Plans Boat Design and Hull Types Sails
	2	Standing Rigging Running Rigging Wind
	3	Preparing to Sail Sailing Upwind Sailing Downwind
	4	Docking and Anchoring Marlinespike Seamanship Navigation Rules
	5	EXAM

Sail 102 Course Syllabus

Date	Sections	Subject
	1	Wind Forces Stability Balance
	2	Sail Shape Tuning the Rig Steering and Helmsmanship Spinnaker Handling
	3	Heavy Weather Sailing Storm Conditions Sailing Safety
	4	Sailboat Racing Race Management Navigation Rules II
	5	EXAM