

Marin Log

Safe Boating Through Education



Inside this issue:	
Commander's Message	2
Education Schedule	3
Announcements	4

USPS Education 2004/2005



The total membership in USPS is about 57,000 members; 33,600 of these have passed Seamanship, 27,000 have done Piloting and 16,500 have passed Advanced Piloting.

Junior Navigators in the membership count for about 6,200 and Navigators, 4,000. It is remarkable how many of the members have passed the Piloting and the Advanced Piloting, so this must be the goal for our squadron also.

One-third of the members should be Advanced Piloting, half should be Piloting, and two-thirds of the members should have passed Seamanship. To me, the strength of a Power Squadron is hidden in these numbers, and together, we must help each other to strengthen the educational level in Marin Power Squadron.

Over the years, we have had wonderful instructors, and we have good ones now. Tomorrow, we will need more instructors to promote education for the boaters on the water. My thanks go to the teachers I have been working with. They are dedicated, wonderful people, and I know they have had an impact on the boaters on the Bay of San Francisco.

At this moment, we need help to teach Marine Electronics and JN and N. A second Piloting instructor will also be good to have. Our elective classes, Motor Cruising and Weather are the most important ones. Please let me know now if you can contribute to this. We would like to use as many instructors as possible, so the load on each one is not too heavy. Also, it gives the students different teachers to look at and hear their experiences.

John Nygren has achieved AP status. Scott Taylor challenged the Piloting class with great success, and others are working on elective classes. At present, we have nine students in the Boat Smart Class.

Squadron Educational Officer Lt/C Jan Follestad, JN

Marin Sail and Power Squadron welcomes new members:

**Roger Beem • Michael Parrett • Norah McLeen Lee
Knoel Hanson • Teresa Hanson
Welcome Aboard!**



District 25 Bay Rendezvous...U.S.S. Hornet

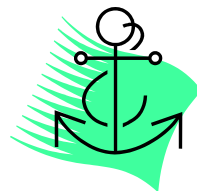
October 2005		November 2005		
Tu	4	Bridge / Executive Meeting	Tu 1	Bridge / Executive Meeting
Wed	3	District Council Meeting	Tu-Wed 8-9	Boat Smart, Kell Center, 7:00 p.m.
Mon	10	General Membership Dinner Mtg.	Sat. 12	Commander's/New Members Dinner, Social
Wed.	12	District Council Meeting, YBI	December 2005	
We	12	Seamanship Class, Kell Center	Tu 3	Bridge/Executive Meeting
Sat.	22	District 25 Fall Conference, Marin's Kell Center	Sun 11	General Membership Mtg.- Holiday Party



Commander



Cdr. Lew Lippard, AP
Boating keeps you in the pink!



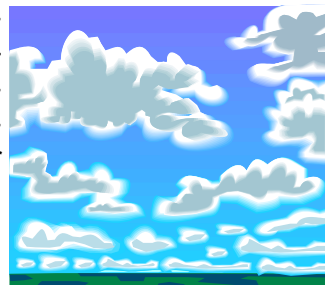
The National Marine Manufacturers Association (NMMA) recently conducted a study of boaters and non-boaters which produced some expected and unexpected results. Three quarters of boaters like new challenges, two thirds believe fun is the point of living, over half crave excitement. Two thirds say boating brought their family closer together. Half had begun boating with friends.

The top four boating benefits recorded were building relationships, going fishing, reducing stress and enjoying the outdoors. Boat owners can better unwind, leave pressures behind, find tranquility and feel a greater sense of freedom than non-boaters. Boaters tend to greater self-esteem, satisfaction with their accomplishments, family relations and ability to enjoy life. They are in better health, are hospitalized less and less overweight. Something that did not surface in the study is the impact of dealing with the many unforeseen things that occur. We can expect the unexpected on the water as a matter of course. Coping with these unforeseen events, as well as those foreseen, can tax and stimulate us physically and mentally. This stimulation increases our physical and mental capability.

Here in the Bay Area, we are blessed with a variety of boating possibilities -- offshore experience, sheltered bay waters, tidal estuaries and the Delta. However, these possibilities can entail

risks –cold water, strong winds, ebb wave chop, tidal currents, and river currents.

These risks can be responsible for people falling off of boats. For the past five years, boating fatalities have averaged over 700 per year or 5.6 per 100,000 registered boats. There are ways in which these persons could have been saved. If these people had been wearing a life preserver (Personal Floatation Device or PFD), the odds of drowning would have been significantly diminished. There is a discussion going on in the various boating organizations regarding requiring all boaters to wear life preservers. All but six states have laws requiring children to wear life jackets. The cut-off age varies, but most specify life jackets must be worn by children 12 and under. Here in California the age is eleven and under. Most boaters are opposed to mandating life preserver use, and a third of boaters say they will stop boating if it is. Realizing this the National Transportation Safety Board and the US Coast Guard have mounted a campaign to increase voluntary use. They are enlisting the aid of other boating organizations to aid in this campaign by using their marketing expertise, public relations expertise and other capabilities that they have.



See "Pink" Page 2

Who's Who at Marin Squadron

<p>Marin Sail and Power Squadron Commander Lew Lippard, AP 510-883-0643 beechgrove8@mindspring.com</p> <p>Executive Officer - Lt/C Howard Altman, JN 415-457-0359 nnaltman@comcast.net</p> <p>Educational Officer - Lt/C Jan I. Follestad, JN 415 - 559-6270</p> <p>Administrative Officer - Lt/C Nick Tarlson, AP 415-927-0615 ntarlson@dictyon.com</p> <p>Secretary - Lt/C Bonnie A. Diefendorf, AP 707-763-6356 bonnienoel@neteze.com</p>	<p>Treasurer - Lt/C Noel Diefendorf, AP 707-763-6356 bonnienoel@neteze.com</p> <p>Assistant SEO - 1st Lt. Scott Taylor 415-331-3925 sdt32@comcast.net</p> <p>Assistant Secretary - 1st Lt. Jennifer Mogel, AP</p> <p>Assistant Treasurer - 1st Lt. Sidney Emison, P 415-479-5740 EISid@comcast.net</p> <p>Adv'd Course Registrar - Lt/C Jan I. Follestad, JN 415-559-6270</p> <p>Boat Smart Course Registrar - Lt/C Jan I. Follestad, JN 415-559-6270</p> <p>Meeting/Party Reservations - See meeting flyer</p>	<p>Kell Center Building Mgr. - interim contact 1st Lt. Sidney Emison, P 415-479-5740</p> <p>Database: Lt/C Bonnie A. Diefendorf, AP 707-763-6356 bonnienoel@neteze.com</p> <p>Marin Log, newsletter of Marin Sail and Power Squadron, is published bi-monthly. Submissions are welcome, on disk, as an e-mail attachment, or on paper.</p> <p>Marin Log Editor - Lt/C Bonnie Diefendorf, AP 305 Kuck Lane, Petaluma CA 94952 Phone 707-763-6356 bonnienoel@neteze.com</p> <p>WEB SITE: WWW.USPSMARIN.ORG **Web Master: P/C Erick Ahrens, AP** 1825 Brook Falls Ct. Fairfield, CA 94534 707-863-9556 eahrens@triocean.com</p>
--	--	--

Educational Department - Schedule of Classes

Boat Smart Classes:

<u>Session Starts</u>	<u>Session Continues</u>	<u>Location</u>	<u>Time</u>
November 8	November 9, 15, & 16	Kell Ed. Center, Hamilton	7:00 p.m.

For registration or more information, contact SEO, Lt/C Jan Follestad, JN, at 415 884-0776, 415 559-6270 cell, or jan41@bonair.com

Advanced Member Courses: Courses are given one night per week for approximately 14 weeks (length of courses varies).

<u>Class</u>	<u>Session Starts</u>	<u>Location</u>	<u>Time</u>
Seamanship	October 12	Kell Ed. Center, Hamilton	7:00 p.m.

For registration or more information, contact SEO, Lt/C Jan Follestad, JN, at 415 884-0776, 415 559-6270 cell, or jan41@bonair.com



P/C Mark Gathings on the bridge of the U.S.S. Hornet.



(“Pink” from page 2)

As a boater, you can assist in helping reduce boating fatalities at the same time staving off the mandating of life preserver use. First, participate in groups who are addressing this problem. Recently a group of sailors conducted Crew Overboard drills followed by debriefing sessions. Alternatively, you as an individual boater can and should conduct Man Overboard drills. Practice in open water, upwind, downwind and wind abeam. Make sure life saving equipment (PFDs, rope, tackle, heaving lines, etc.) is accessible. Have everyone on boat don life preservers, in case they fall overboard assisting the person in the water. Assign someone to keep the victim in sight *at all times*. Have both a ring and horseshoe buoy available for use, the ring for tossing and the horseshoe for recovery. Ensure the boat engine is shut down when near the victim (drift down to the victim, but care must be exercised if the boat is rolling while drifting). Do not put a second person in the water unless the victim is unconscious (If the second person is required in the water, keep the second person tethered to the boat). Based upon your practice, you can devise the most satisfactory method of man overboard recovery.

Additionally, you can wear a life preserver when it is reasonable to do so. That means any time you are in a small boat, open cockpit, on deck, or in bad weather. If you are inside a cabin or below decks, it would not be reasonable to require life preserver use. With the development of new types of life preserver options, it is now possible to be reasonably comfortable while wearing a life preserver. There are lightweight inflatables, such as, SOSpenders and the like, which are USCG approved for use. Also, there are now jackets and vests that contain life preservers which are both comfortable and stylish. There is no longer any need to wear the big, bulky uncomfortable life preservers that we used to have to wear.



One more thing to do is take courses taught by our Education Department. That will teach you what you need to know to be a safer, better boater. Contact Jan Follestad or Scott Taylor to determine which course will be offered and will best fit your requirements. •

Member Advancement

The following members have passed the Advanced Piloting Course:

John Nygren, AP

The following members have passed the Piloting Course:

1st Lt. Scott Taylor, P

Congratulations on your accomplishments!

When is the last time
YOU
worked on advancement?



Marin Squadron Members enjoying the 2004 Commander's and New Members Dinner

It's time for that favorite social event, the Annual Commander's and New Members Dinner on November 12, 2005. For information Contact P/C Sid Emison, 415 479-5740

*Everyone will gather at the famous **San Rafael Joes** for a good time and good food. Come and enjoy....no dishes...no meeting...just good company. Past Commanders, do not forget to bring your Past Commander's Flag for the tables.*

District 25 Fall Conference will be on Saturday, October 22, 2005 at the Kell Education Center . Contact D/Lt Ethel Ott for information, 707 374-7548

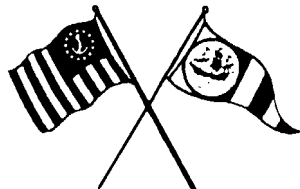
**Navigational Instruments — Charts
Marine Hardware**

**Fresh
Crab!**



**Fresh
Seafood!**

**101 Third Street, San Rafael
415-454-4177**



Marin Log

The Voice of Marin Sail and Power Squadron

789 Hamilton Drive

(Hamilton Drive at Palm Drive)

Novato CA 94949-5002

415-883-6777

We're on the Web!

www.uspsmarin.org

Non-Profit
Organization
U. S. Postage
Required
San Rafael CA