#### **United States Power Squadrons®**



Vol. 45 No 4 - Jan Feb Mar 2017

### **Oyster Bay Sail and Power Squadron**



#### Gull Chatter

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#### Commander's Report

#### "A View from the Bridge"

Hopefully your boats are safely on land and you have winterized your engine and fresh water system.

Have you remembered to drain, lubricate and close your seacocks? Have you stuck a rag into your exhaust outlet to keep critters from taking up residence? Do you have antifreeze in your bilge? Have you protected your bilge pumps?

Winter is here and there are some changes to our normal meeting schedule. January 16th is our Annual Meeting and Movie Night and February we will not have a General Meeting. However, the members who stay on Long Island are arranging to get together for lunch or dinner at a restaurant convenient

#### by Ronald Nackman, JN

to all. So keep a look out for more information.

I know it sounds crazy, there is no better time to start thinking about commissioning your boat in the spring time and planning your summer activities. It is

time to make plans for Rendezvous East.

For those who will be in Florida in February, consider attending the National Annual Meeting at the Rosen Centre in Orlando from Feb. 22 to Feb. 26.

Jen and I will be hope you have a wonderful Thanksgiving and we hope you were able to join us for the holiday get-together.

Stay warm and safe!

Ron Nackman, JN

Commander	Ronald Nackman, JN jenhfw@verizon.net	516-681-5970
Executive Officer	Ronald Ferina, JN rferina@optonline.net	516-935-0475
Educational Officer	Thomas J Peltier, SN TJP98@optonline.net	631-447-1051 516-987-9715 cell
Administrative Officer	Jennifer Nackman, JN jenhfw@verizon.net	516-681-5970
Treasurer	Robert Henken, AP bohenken@aol.com	516-433-3444
Secretary	Steven Ender, AP sender8888@gmail.com	516-364-286
Ass't Ed Officer	George Reichle, AP capt_inheritance@yahoo.com	631-757-8651
Ass't Exec Officer	position available	
Ass't Secretary	position available	

#### **Commanders Advisors:**

P/C Ronald Ferina, JN P/C Thomas Peltier, SN P/C Ann Peltier, SN

Flag Lt: Robert Henken, AP Chaplain: P/C Ann Peltier, SN

#### **Executive Committee**

P/C Ann Peltier, SN Richard Robson, AP P/Lt/C Donald Lustig, AP Dave Craft



District Commander
Neil Phillips, JN
PO Box 432
Freeport, NY 11520
Cell 516-250-0444
nfp@msn.com



#### **Educational Report**

The Fall Conference is a great day to join together with District 3 members and this year was no exception. We were happy to welcome, straight from Washington, D.C. Jeff Hoedt, Chief of the Boating Safety Division of the USCG who updated us on National Recreational Boating Safety Programs. His dedication to the power squadron is outstanding and ,I can say, I think everyone appreciated his enthusiasm. Each year the conference is a great experience. Please make room in your calendar 2017 (probably November 18th– the date is not set yet) to attend. I guarantee you will be happy you did.

In fact, this year Oyster Bay entered a couple of teaching aids (Engine Maintenance and Marine Electronics) they didn't win 1st place but they are a great help to the instructors of those courses to help students understand important course information.

With Christmas and Hanukah just around the corner, I know that many members' minds are not on boating courses, but please take a minute to reflect on your last year's boating activities and think....'Was there something I should have know to make my boating adventure safer and more fun filled?"

Look at the schedule listed below. We are planning on hosting some standard course but we have had

#### by Thomas J Peltier, SN

multiple request for both the Weather Seminar and the Weather Course. Please let me know via email tip98@optonline.net or phone (516 987 9715) if you are interested in these courses.



Also, we are planning on offering of the Instructor Development. Dates and locations have not been set ... so your input is very important!

We are looking to assist our members and the public gain important information that not only could saves lives but enhance their boating experience. Unfortunately, sometimes you don't have the time to sit in the classroom for several weeks. Give me a call if you're interested in a 'virtual' classroom experience. With *Tango, Skype*, and now *Duo* you can take a class from anywhere. Call me for more information.

Have a wonderful holiday!

Thomas

Safe Boating starts with Educated Boaters

#### On the Water portion of OB courses begin in the Spring. Call Tom to set up time/location

#### **Winter / Spring Schedule:**

Advanced Piloting: January 24th, 2017 (Syosset-Woodbury Center)

Weather Seminar: January 19th, 2017 (time/location-contact Thomas)

**ABC:** March 1st, 2017 (Syosset Adult Ed)

Weather Course: March 2nd, 2017 (Syosset-Woodbury Center)
Seamanship: April 25th, 2017 (Syosset-Woodbury Center)

Interested in the following courses: Call for more information *Electronic Navigation & Instructor Development Certification* Scheduled Jan/Feb 2017



#### **Executive Officer**

by Ronald Ferina, JN

As you can see from the long term weather forecast winter will be here before we know it. Oyster Bay received several Co-Op Charting awards at the Fall Conference. The Conference was great and if you missed it...there is always next year.



In fact the squadron is making plans for next year right now...concerning both the Coop Charting Program and Vessel Safety Check. Now would be a great time to be look over the requirements to be a Vessel Safety Checker. It's really easy. Just give me a call and I'll steer you right to the website for the manual. Also, check out this coupon from West Marine. Just in time for the holidays. http://www.usps.org/images/Exec/Safety/vsc/Safety on the Water.pdf

Well have a wonderful Holiday Season and I hope to see you all soon.

Ron Ferina

#### **Admin Report**

by Jennifer Nackman, JN

Winter Gull Chatter AO Report Hi All.

di All,

We are issuing an early edition of the Gull Chatter to announce those members who have been placed in nomination for 2017-2018 Bridge & Committees.

We will be celebrating those nominees at Oyster Bay's Annual Meeting to be held at the Sagamore Yacht Club on Monday January 16th, 2017. As usual, we will be hosting our Annual "*Date Night*" that evening as well.

It's movie and dinner with your friends right after the voting. Our movie will be "*The Finest Hour*" an outstanding movie about a U.S. Coast Guard Rescue. And by the way, this year at the USPS Annual Meeting in Florida the author of that book Michael Tougias will be the keynote

speaker at the Friday morning Members' Breakfast. That sound wonderful.

Our Fall Picnic was quiet but we enjoyed good food and good friends. Now, we forward to gathering at our Holiday Party scheduled for Sunday, December 4th. This Covered Dish event and our Oyster Bay Attic Auction is always a great success. So join us and celebrate friendship together. After Thanksgiving, Christmas and Hanukkah, and New Year

holiday, we will be entering in to the cold winter months.

Some of us will go away to somewhere is warm and balmy, enjoy the sunny climate. Still, some of us will stay and enjoy the change of season, snow on the lawn, or will head to the slopes to ski in the snowy winter mountains.

If you are at home, Oyster Bay will be putting together the "The Non-Snow Bird Brunch" February 4th or 5th, 2017. (Date is not fixed yet). The venue plan is The Homestead restaurant in Oyster Bay. It's a pay as you go meal with separate checks, but they still need a count. So, please check with Ron Ferina or Ann Peltier for more information.

Hope this year is a good year with peace in the world. I wish everyone a healthy and happy New Year.

Jennifer Nackman, IN

#### **Member Articles**

#### **Submitted by Nominating Committee**

#### Nominating Committee Report

In accordance with the Bylaws of the Oyster Bay Sail and Power Squadron, the Nominating Committee respectfully submits the following members, in good standing for the 2017-2018 year Bridge and Executive Committee.

The membership election shall be held on Monday 16 January 2017

#### **Bridge**

Commander	Ronald Nackman, JN
Executive Officer	Ronald Ferina, JN
Educational Officer	Thomas Peltier, SN
Administrative Officer	Jennifer Nackman, JN
Treasurer	Robert Henken, AP
Secretary	Steve Ender, AP
Ass't Educational Officer	George Reichle, AP

#### **Elected & Reporting to the Membership**

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Audit Committee	Ann Peltier, SN; Jennifer Nackman, JN
Rules Committee	Len Hecht, JN; Dorothy Titus, AP;
	Douglas Durfee, SN
Nominating Committee	Thomas Peltier, SN; Ronald Ferina, JN;
	Ann Peltier, SN

#### **Executive Committee**

P/Lt/C Donald Lustig, AP P/C Ann Peltier, SN Richard Robson, AP David Craft



#### **Member Benefits**

Your Meeting Needs: HelmsBriscoe is the smart way to efficiently source your meeting needs. We bring you the information you need to make an informed selection without the bias of a sales team. Our more than 1,200 Associates are armed with years of experience that enable them to bring you unsurpassed expertise and negotiating power. Together, we can ensure you are securing the best possible venue for your event at the lowest overall cost.

http://www.helmsbriscoe.com

#### **Oyster Bay Sail and Power Squadron**



During the Executive Meeting we discussed the many new educational opportunities for the spring.

We set plans for the Holiday Party and looked to the future meetings and the up and coming guest speakers.

Next Exec Meeting Dec 12th, call or email Cdr Ron if you have any topics you'd like brought before the committee.

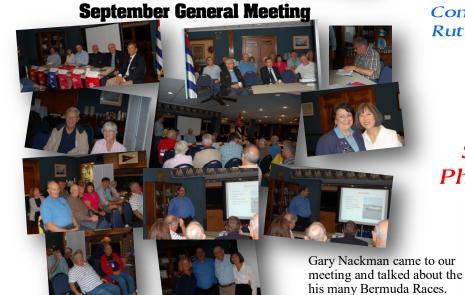


September Photo Contest

Congratulations Ruth Rubenfeld 25 year member







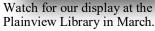
**November** brought George and Mary Kay from Peconic to our meeting. They shared their Inter Coastal Waterway Adventures with us. Thank George and Mary for a great presentation.



Thank you Gary for bringing us such a wonderful program.













#### **SAFETY Report**

by Ann Peltier, SN

#### Story About Bob...One Cool Guy!

The story goes like this: Bob, who is a 15 year retired phone guy, loves getting out on his boat in the cool fall and early winter days. One sunny November day, with the temperatures ranging around 58-60, coupled with a mild wind around 5 knots, Bob set out for his favorite fishing spot...*location never to be disclosed*...on his 32 foot center console Gray White. Now, Bob is one of those guys that never wears a hat (summer or winter) and complains that a coat is 'too confining' planned on a peaceful morning trip on the Sound.

As the day unfolded, basically 2 hours into the excursion, the wind kicked up to 15 plus knots with a gentle, but very cold mist, from the foaming waves, began to spray Bob. With his sweat shirt soaked, in a very short period of time, Bob began to shiver uncontrollably and called his buddy on the radio and told him...'he had enough' and was heading back to the marina. Fortunately, his buddy had a difficult time understanding him over the radio and called Bob on his cell phone to confirm Bob's intentions. The call ended with "Okay, I'll see you back on the dock." He too headed in concerned about Bob's welfare.

Bob's decision to head in was a good one. Bob's exposure to the cold wind and cold water spray could have put Bob in a very dangerous situation in a short period of time. His friend Joe's concern was indeed warranted. At the dock, it was clear to Joe that Bob was experiencing some early stages of hypothermia.

Let's look at the facts. Now, we all shiver from time to time...that's one way our body stays warm when it gets cold; but shivering could also be an early sign of hypothermia. Of course, shivering alone does not mean you have hypothermia. A normal body temperature is 98.6 °F. However, if it falls a few degrees lower, for example, 95 °F, it could be cause for concern – especially for older individuals. I know, some of us hate that phase "older individuals", but the facts are 'it could cause an irregular heartbeat' leading to heart problems and death.

If you think for a moment that you, or anyone, is experiencing the onset of hypothermia, act immediately: remove yourself (or the individual) to a warm dry area, shielded from the environment, use blankets, towels, coats—whatever is handy to help gentle raise the body temperature, take something warm (not hot) to drink, avoiding alcohol or caffeinated drinks like regular coffee and tea.

In Bob's case, Joe had a thermos of warm chicken soup, that his good wife gave him before he left, which he quickly shared with Bob. Joe convinced Bob to take off his wet cold sweat shirt and put on a dry jacket he had in the locker. The story turned out well for Bob but here are a few tips that you should always keep in mind during the fall and winter weather especially if you're a guy like Bob. In fact, hypothermia can happen – anywhere. So take a look at some facts and be prepared while you're cruising in the cooler days of Fall and Winter.

#### **Medical Facts:**

- When exposed to cold temperatures, your body begins to lose heat faster than it can be produced.
- In fact, prolonged exposure to cold will eventually use up your body's stored energy, as well.
- Too low of a body temperature can affect the brain, making you unable to think clearly
- This is particularly dangerous because you just may not know what's happening and therefore, won't be able to do anything about it.

#### Who Can Be Hypothermic?

- ⇒ People who remain outside for long periods of time in cooler temperatures (even 40° to 50°F),
- ⇒ People with inadequate food intake and who fail to wear layered clothing,
- ⇒ People who get chilled from rain or sweat while in cooler temperature situations,
- ⇒ People working without adequate heating source both in and out doors,
- ⇒ People who are working in an unheated garage or building for long periods of time,
- ⇒ People who drink alcohol can lower their body temperature.

# OBSPS NEWS BLAST

#### Winter Calendar Updates

**Exec Meeting General Meeting and Events** 

**January** 16th 6:30pm 16th Annual Meeting — Date Night!

February 6th 4th or 5th — Non-Snow Bird Brunch

NO General Meeting

March 6th 20th General Meeting



Write it on your heart that every day is the best day of the year.

Ralph Waldo Emerson





#### Boater's Terms?

**Hatch** - A device similar in nature to a mousetrap, in that it will drop down on your head or hand without warning. Also, operates as away for water into the boat when you for get to close it!

#### **Congratulations to our Merit Mark Members**

It may be only ONE but each one it is the most important One to our squadron.

Cliff Chabina Douglas Durfee Steve Ender Sharon Ender Ronald Ferina Patricia Ferina





June Frey
Leonard Hecht
Robert Henken
Donald Lustig
Milan Margetic
Jennifer Nackman

Jeffery Pananello Ann Peltier Thomas Peltier Dolores Reichle George Reichle Richard Robson



Lee Stern
Dorothy Titus
Bill Titus
Larry Weiss
Peter Zavatsky
Rosemary Zavatsky

## DISTRICT 3 & USPS NEWS

LOTS OF THINGS HAPPENING IN DISTRICT THE NEXT FEW MONTHS.

MAKE YOUR RESERVATIONS EARLY TO RECEIVE A SPECIAL DISCOUNT!



# District 3

#### **Council Meeting**

March 17th, 2017

Marriott Melville

Meet & Greet: 6:30pm

Dinner: 7:15pm

Meeting: 8:00pm

**Contact: Angelo Giovanniello** 

631 661 5318

# District 3 Change of Watch

March 25th, 2017

Watch for district flyers with more information.

# <u>District 3</u> <u>Spring Conference</u> <u>Saturday, March 25th</u>

As always this is a very exciting event in District 3.

Plan on a whole day of activities or

just come for the meeting.

Meeting sign in: 7:45

Seminars: 10:00 Lunch: 12:30

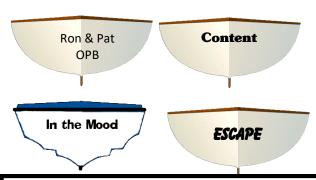
Meeting Resumes: 1:30

Demonstrations and Seminars to enhance your boating skills.
There's always something new.

Watch for district flyers Check out the D3 website

#### United States Power Squadrons Annual Meeting Feb 19-26, 2017 Orlando, FL

Make your reservations now before they're all gone! Check the USPS.org website



#### Join the Oyster Bay Sail and Power Squadron "Gull Chatter Fleet"

Help us keep the Gull Chatter going with your contribution. Just submit your request, along with a \$20.00 Check Payable to: Oyster Bay Power Squadron Mailed to: Lt/C Bob Henken, AP 16 Holly Lane Jericho, NY 11753 for a 1 year subscription. Please remember to write "Joining the Fleet" on your check

#### Want to be listed as a supporter?

The Gull Chatter is a great way to show your support. Forward us your email address and you'll have the Gull electronically mailed directly to your computer. Join the Oyster Bay Sail and Power Squadron Fleet TODAY!

#### GOOD AND WELFARE

Len Hecht is back home, enjoying the winter days with Ilene.

Ron and Pat Ferina announced they have a new baby boy *Colton Ferina* #8

Congratulations to our very own Ruth Rubenfeld on her 25 years as USPS Member and to Arnold D Gallo, SN for being a 50 year member of USPS Thank you for your continuous support

> Congrats to all those received their 2016 Merit Marks (page 8) Oyster Bay couldn't do it without you

> Snow Birds—have a wonderful warm Winter— We will miss you!

Anthony Addeo Albert Brown Joan Cassano Barbara Dornau **David Goldsmith Donald Lustig Flizabeth Paul** Ann Peltier Thea Skupp



#### HAPPY BIRTHDAY TO ALL!



**Sharon Ender** Lloyd Hochberg Lance Kuba Milan Margetic Carmine Marra Shawn Sandler Claudia Sersanti

William (Bill) Titus



Antoinette Addeo Joseph Frey Stacy Ann Harris Amanda Li Brenda MacAri Mariana Pananello Peggy Wiedman



Meeting	Sc	hed	lule
1 teetu u			une

		<b>3</b>
	Exec Meeting	General Meeting and Events
JAN	16th	16th Annual Meeting It's DATE Night!
FEB	6th	Mid-Winter Brunch 4th or 5th NO General Meeting
MAR	6th	17th D3 Council Meeting 25th D3 Spring Conference and D3 Change of Watch

Print this Page and Put it on the Refrigerator So you don't forget about these special events

# OYSTER BAY SAIL AND POWER SQUADRON Annual Meeting January 16th, 2017 Join us for a Movie and Dinner 7:30pm Meeting (need your vote) and Movie at 8pm "The Finest Hour"

Oyster Bay Sail and Power Squadron NO General Meeting

February 4th or 5th 2017
"The Non-Snow Birds Brunch"
Call Ann to make your reservation
and



# March 20th 2017 General Meeting

Featuring the
Whaling Museum
speaker
8pm
Sagamore Yacht Club
More information as the

meeting gets closer.
Please watch for flyers
on web or via Facebook

To learn more about these and other activities offered by the OBSPS just go to the website at <a href="www.boatoysterbay.org">www.boatoysterbay.org</a> or contact: Cdr Ron Nackman

#### Support those that Support Oyster Bay

Our members continuously support those individuals and business who support our educational programing. Please consider a new or (renew your ad) for 2017. The Oyster Bay Sail and Power Squadron is grateful to the following who over the years have supported us in many ways. Share our support and honor these individuals.

Want to place an ad...it's simple just contact Ann Peltier for pricing and information. 631 447 1051 apeltier@optonline.net









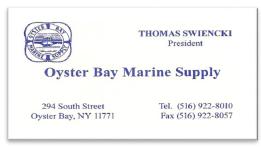








Stephen Akseizer, DDSPC
Family Practice
43 Market Drive, Syosset
516 938 7066





#### Bay Marine Services

4 Hamilton Ave Oyster Bay, NY 11771

John Hickey 516 922 6488

# Additional Page

Continued from Page 7

#### Story About Bob...One Cool Guy!

#### How Do I Stay Safe?

- Pay attention to how cold it is where you are.
- Check the weather forecasts for windy and cold weather and stay inside in a warmed place.
- ♦ If you must, 'work on the boat' wear warm clothes including a hat and gloves. A waterproof coat or jacket can be a life saver.
- Always, wear several layers of loose clothing when it's cold. The layers will trap warm air between them. Don't wear tight clothing because it can keep your blood from flowing freely which could lead to loss of body heat.
- And ask your doctor how your medicines affect body heat. Some medicines used by older people can increase the risk of accidental hypothermia.
- Believe it or not, certain drugs: used to treat anxiety, depression, nausea and some over-the-counter cold remedies can also cause problems.
- Furthermore, some illnesses may make it harder for your body to stay warm. Talk to your doctor.

So if you enjoy Fall and Winter boating because the crowds are gone and you can fish your favorite spot, in peace and quiet, always be prepared for the unexpected. And if you have to get out there **alone**, please use a float plan and keep in touch with a buddy. I know that Bob is glad he did.

Ann

#### Now's the time to Get Involved!



**The Vessel Safety Check Program** was developed to serve the recreational boating public. The Oyster Bay Sail and Power Squadron is proud to announce that our Vessel Safety Examiners are ready to visit your boat.

These examiners, recommend the proper safety equipment needed to help keep the boat owner and his crew safe. When all items (on their detailed check list) are found to be in good working order, a decal is awarded and attached to the boat.

Yes, some boaters do fail the check list! All non-complying issues are discussed with the boat owner and suggestions are given to help correct problems including repairs or replacements. A follow-up examine will be scheduled when the vessel is in compliance. Since the USPS is not a law enforcement agency and the report is not shared with anyone outside our organization, boat owners feel a sense of confidence. Schedule a Vessel Safety Exam at your leisure to determine if your vessel is in compliance with current regulations.

Contact: Ron Ferina at <u>rferina@optonline.net</u> or call 516 935-0475

#### **Executive Meeting:**

1st Monday of each Month from January to December

#### **General Membership Meetings:**

3rd Monday of each Month from January to May and from September to November
Always check Call to Meeting flyers and the website (boatoysterbay.org)
for more detail information: Dates—Times—Place of meeting

#### Winter Days along the shoreline



# Remember NY State Law November 1 to May 1 st

You must wear your life jackets...it's the law

#### **Oyster Bay Sail and Power Squadron**

America's Boating Club PO Box 13 Oyster Bay, NY 11771

The Gull Chatter

Early Edition

January / February / March
2017