



Everything you need to know about:

- *Mainsail trim and shaping*
- *Headsail trim and shaping*
- *Rig tuning for safety and efficiency*
- *Maximum performance*

- And More -



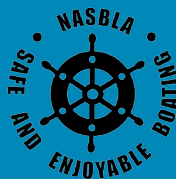
Why Take A “Sail Trim and Rig Training Seminar”?

In less than 2 hours, you will
learn why and how:

- *Sail Terminology*
- *Rigging Terminology*
- *Trimming Tools*
- *Sails*
- *Wind Flow on Sails*
- *Sail Twist and Tensioning*
- *Mainsails*
- *Headsails*
- *Jibs*
- *Genoas*
- *And More!*

- PLUS -

- *Waterproof guide included!*



Sail Trim and Rig Tuning

Bill Gladstone

Waterproof

- Mainsail trim and shaping
- Headsail trim and shaping
- Rig tuning for safety and efficiency
- Maximum cruising and racing performance

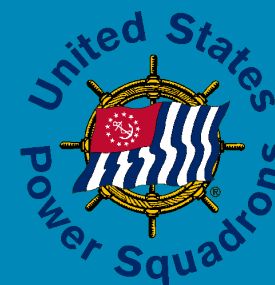


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How to set-up your boat

Interactions and Dynamics between:

- Boat
- Wind
- Sails

Sail Terminology

Trimming

Wind Flow

Control



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