



## Why Take A "Sail Trim and Rig Training Seminar"?

Everything you need to know about:

- *Mainsail trim and shaping*
- *Headsail trim and shaping*
- *Rig tuning for safety and efficiency*
- *Maximum performance*

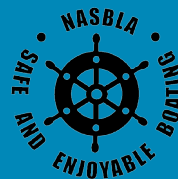
- And More -

In less than 2 hours, you will learn why and how:

- *Sail Terminology*
- *Rigging Terminology*
- *Trimming Tools*
- *Sails*
- *Wind Flow on Sails*
- *Sail Twist and Tensioning*
- *Mainsails*
- *Headsails*
- *Jibs*
- *Genoas*
- *And More!*

- PLUS -

- *Waterproof guide included!*



**Sail Trim and Rig Tuning**  
Bill Gladstone

- Mainsail trim and shaping
- Headsail trim and shaping
- Rig tuning for safety and efficiency
- Maximum cruising and racing performance

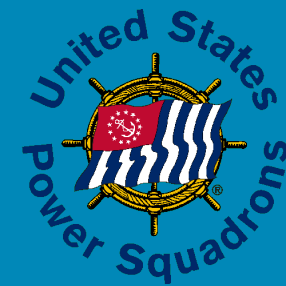
Powerboats  Sailboats  Both

A United States Power Squadrons Guide



*Boating is fun...*

*We'll show you how!®*



**LEARN  
From The Best!**

**Want to know...**

*How to set-up your boat*

*Interactions and Dynamics between:*

- Boat
- Wind
- Sails

*Sail Terminology*

*Trimming*

*Wind Flow*

*Control*



*For more information, fill out this preaddressed form, add a stamp and drop in the mail!*

Name: \_\_\_\_\_

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