



United States Power Squadrons®  
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## ABC3 FOR YOUTH Practical exercise for VHF in the Field



This exercise is designed to be used in conjunction with giving the ABC3 course to youth. You will need to buy VHF's available as 'family radios' or 'walkie talkies' for under \$20 at Radio Shack or Target etc. They are useful for teaching VHF to adults as well. Set the channels, etc.

In class, take the ABC3 section on marine radio and explain carefully, ensuring all vocabulary is understood. Practice the correct way to speak over a public channel. In class they can draw their boat and name it and take it onto the field. Have an Oreo break and then go outside and have some fun!

Put a N, S, E and W on four large objects (trash cans?) representing the major compass points. These are the targets. On the field place these far apart to they represent North, South, East and West.

Select four teams, each with a captain and a mate. Each team has different instructions and the captain has to use only the radio to direct the mate to a specific target. No shouting allowed!

As each team has different instructions, each moves independently of other teams. We find that having eight students (four teams) is easily managed.

The objective is to have each team visit all four targets following the instructions relayed by radio from captain to mate.

***Ensure there's a member of their school/organization with you.***

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