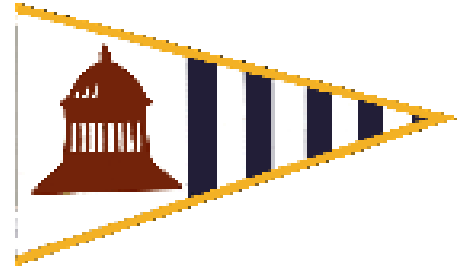




THE SEAMAN'S LOG

The Voice of the
OLYMPIA SAIL & POWER SQUADRON
January 2012.

<http://www.usps.org/olympia..>



FROM THE BRIDGE

Be It Hereby Resolved . . .

Yes, that time of the year has rolled around again. I hope each and every one of you has made a resolution, one that you know you'll keep. Skip the one that you should make this year, because you never fulfilled it when you made it before. Think positively, especially about boating, how much you enjoy it; how much you want to share that joy with others; and how you can help your squadron spread the word that "Safe Boating Is Fun; We'll Show You How".

We ended our calendar year with a great Christmas Party. Many thanks to Dorothy and Phil Tenkhoff for arranging it and to Pat Brower for her help. The country club was beautifully decorated; the weather cooperated (neither snow nor sleet, although there was dark of night); and the buffet was excellent (with the possible exception of the regular horseradish, which somehow got laced with TNT). Our dessert auction to benefit Community Youth Services raised more money than ever before, and we were able to present the group with \$500. I haven't quite figured out how many calories per dollar that represents, but it was obviously a lot.

It was an honor to have District Commander Hank Willis join us, to present a fifty year membership plaque and pin, and an honor to have our PC Willie Grindstaff present to accept it. Special thanks to his wife for encouraging him to come join us for

the ceremony. We look forward to seeing him again, sporting his badge of honor.

Once again PDC Barbara Erickson and Steve attended and were enthusiastic bidders at auction time. We even had door prizes, which were calorie free.

At our meeting this month we'll again be discussing the future of the squadron. Some members are already working on this: Bobbie Scott, Deb Harden, and Chuck Sharp are our Nominating Committee. Please be gracious when they call you. Remember, "It takes a whole membership to keep a squadron strong."

Don't miss the District booth at the Seattle Boat Show, January 27 through February 6. It will be all new, with tv monitors on continuous display of information about our classes and about on the water training. There will be burgees from all the squadrons (or "vector versions" thereof, whatever that means); new handouts, daily drawings, and discount offerings; and two stools to sit on, so that those manning the booth can look eye to eye with those stopping to view it. (I'm a chair person myself, so my services may not be needed.) This is all part of the district's new marketing program being developed to let every boater know that USPS is the best place to get a complete boater education.

USPS will have its general meeting in Jacksonville, FL this month, including the election of national officers. For the first time ever, there are challenges to two of the nominating committee's recommendees. This should make for real excitement for those attending. Since I won't be, our

squadron's proxy will go to DC Hank Willis.

Later in The Log you'll find three recipes from the USPS cookbook published in 2004. Not only does it contain lots of excellent recipes, but there are little boating tips as well. I'll pass along a few recipes again next month, for we'll be having a pot luck dinner in February, with a "Sweethearts" theme. Costumes welcome. Y'all come.

Cdr Donna Davis
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EDUCATIONAL OFFICER REPORT

Upcoming Classes

The piloting class will start on January 10, 2012 with five students and several willing instructors. We are hoping that the class will end in eight weeks but we want to teach the material thoroughly, so we will see. We have plans to teach an ABC class in February/March timeframe so it you know any members of the boating community needing the basic class, please let 1Lt Paul Davis, AP know. The date, time, and place have not be definitely set as of yet. We still have plans to teach a navigation class in May by L/TC Bob Hodgson, SN with the assistance of our instructors. We need to confirm who will be attending so if you have completed JN and are interested, please contact me.

If anyone is interested in taking an elective class or an advanced class, please let me know.

What's happening at HQ?

Concerns and misconceptions have been raised regarding the priorities and direction of the Educational Department regarding classroom education, especially

with regard to the alternatives of on-line and home study.

Simply stated – the primary advantage of USPS is having local squadrons and local instructors to deliver quality material to boaters. In order to get members, we need to emphasize face time with those who we train. In other words, we want people in the classroom. To illustrate, the Department Structure Committee report unanimously approved at the Greensboro Governing Board meeting clearly shows the intent of the Educational Department leadership to support classroom learning in USPS. Their position is: **E090439**

“The Department's highest priority is to increase the frequency of classroom courses and seminars and the number of students participating in them. Reversing the decline in classroom activity is a daunting challenge, particularly given the fact that DEOs and SEOs feel over-burdened and under-supported.”

More information and detail on the above subject can be found on the Headquarters, Education page.

See ya around the docks,

P/D/Lt/C Jim Harden, JN
Educational Officer
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Diesel Engine Stress Test

I learned this recommendation when I took Bob Smith's diesel engine class a couple of years ago. Bob was the designer of the Lehman diesel engines, which are found in many of our trawlers today. He has long been considered the 'expert' for these engines.

This is Bob Smith's recommendation to find engine problems before they would occur naturally. Write the base number for temperatures and oil pressure down when things are running fine so you will know what is considered normal. This test should be run once per month during the boating season.

1. Allow diesel engine to get up to normal operating temperature.
2. Run engine up to maximum RPMs for about 60 – 90 seconds. This should be about 2,500 RPMs for most engines.
3. Back engine off about 200 RPMs and run for about 5 minutes.
4. During this time, watch for temperature changes, oil pressure changes, etc.
5. Don't continue to run engine if black smoke occurs. This is because the engine is not capable for burning all the fuel.

The three critical temperatures are:

1. Engine coolant temperature (should be about 175° to 180°)
2. Exhaust gas temperature
3. Oil temperature in the base of the engine

On my boat, the only difference I see after running the test for about 5 minutes is a slight increase in coolant temperature, which is normal.

Gary V. Ball, JN



MEMBER BIRTHDAYS

Each month we honor the birthdays of our members born in that month. I've chosen to honor them with birthday pie and enthusiastic singing. Well, we miss some months, July and August because we have no meetings then, and December, because I simply forgot to include naming them as part of our brief meeting during the Christmas Party. So here are the two groups, the last from the old year and the first from the new.

DECEMBER

Gary Scholes, 12/01; Jordan Hatzialexiou, 12/09; John Porter, 12/14; Jim Harden, 12/15; Jim Jones, 12/20; Melissa Johnson, 12/21; Phil Tenkhoff, 12/21; and George Lonergan, 12,/25.

JANUARY

Gary Ball, 01/12; Rick Schnatterly, 01/21; George Wehnes, 01/25; Dorothy Tenkhoff, 01/26; and Hernan Gonzalez, 01/30.

HAPPY BIRTHDAY! to all of you, and come join us on the 16th for a stirring round of applause in your honor and some very good pie.

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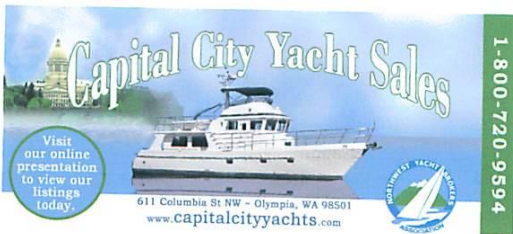




EDITOR'S COMMENT

After many years of faithful service by Skip Hash, the editor's baton has been passed to me (temporarily!). The task is proving to have a sharp learning curve, resulting in this first effort having a later distribution than is ideal. Your contributions of material for future newsletters would be welcome as well as your patience during this trying experiment, which is trying *my* patience.

Lt. Paul K. Davis, AP
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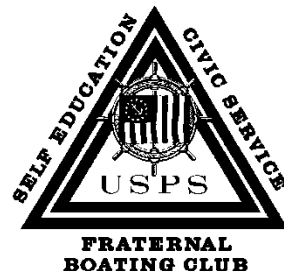
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BOATING SEASON EQUALS POTLUCK TIME

Whenever boaters get together, whether at homeport or away, food and drink always seem to be involved. Here are some ideas from the USPS cookbook, “by land or by sea”, geared to a small galley.

Walnut and Blue Cheese Terrine

1 cup walnuts, chopped	Lettuce leaves
1 8 oz package blue or Gorgonzola cheese, at room temperature	Granny Smith or Fuji apples, sliced
¼ cup sour cream	Baguette, sliced, or crackers

Toast walnuts in a frying pan, or 350 degree oven for 10 minutes, until lightly browned and fragrant. Line a small loaf pan or bowl with plastic wrap, leaving a generous overhang. Break up cheese into small chunks in a bowl. Add walnuts and sour cream and mix well. Spread mixture evenly into mold and cover with overlapping wrap. Refrigerate overnight or until very firm.

To serve, unfold plastic wrap and invert onto lettuce leaf lined platter. Remove wrap. Surround with sliced apples and baguette slices and/or crackers.

Carole Tulip

Annapolis Power Squadron

Maryland

Dockside Punch

1 quart orange juice	½ cup sugar
1 quart iced tea	1 pint vodka
1 quart club soda	Orange or lemon slices for garnish

Combine juice, tea, soda, and sugar, and stir gently to dissolve sugar. Pour in vodka. Garnish with orange and lemon slices. Makes 12 to 15 servings (depending!).

William Maloy

Wawenock Power Squadron

Maine

Party Chicken & Spinach Casserole

1 10 oz package frozen spinach, thawed and squeezed dry	½ teaspoon salt
1 8 oz cream cheese, softened	¼ teaspoon garlic salt
1 cup milk	½ cup grated Parmesan divided
1 cup shredded Monterey Jack cheese	2 cups cubed cooked chicken
	½ cups crumbs, cornflake, cracker or (potato) chip

Spread spinach in the bottom of a 9 x 9 x 2 inch baking dish. Combine cream cheese, milk, Jack cheese, salt, garlic salt, and ¼ cup parmesan cheese in a saucepan. Cook and stir over low heat until smooth. Pour one-half of sauce over spinach. Spread chicken over sauce. Pour remaining sauce over chicken. Sprinkle on remaining Parmesan and top with crumbs. Bake at 350 for 15 minutes, until bubbling. (Or microwave if no real oven.)

Misha Dunlap

Port Lucie Power Squadron

Florida

<i>January 2012</i>			
9	Bridge (Executive) Meeting 1800: Dinner 1900: Meeting “Membership and Long Range Planning”	1800-2100	Nickelby’s Restaurant 660 Trospen Road SW Tumwater All members welcome
16	General Meeting	1930-2100	Olympia Yacht Club
25	USPS Annual meeting, through January 29		Hyatt Jacksonville Riverfront hotel, Jacksonville, Florida
26	Seattle Boat Show, daily through February 5	Varies by day	Century Link Field
<i>February 2012</i>			
1 - 5	Seattle Boat Show continues		
11	District 16 Spring Council	0900-1500	Farmhouse Restaurant 13724 LaConner Whitney Rd Mt. Vernon WA
13	Bridge (Executive) Meeting 1800: Dinner 1900: Meeting	1800-2100	Nickelby’s Restaurant 660 Trospen Road SW Tumwater All members welcome
20	General Meeting “Celebrating Sweethearts”	1830-2100	Valentine Potluck, Olympia Yacht Club
<i>March 2012</i>			
12	Bridge (Executive) Meeting 1800 No-Host Dinner 1900 Meeting	1800-2100	Nickelby’s Restaurant 660 Trospen Road SW Tumwater All members welcome
19	General Meeting	1900-2100	Olympia Yacht Club - Wear Green for St. Patrick's Day!
30-31	Dist. 16 Spring Conference Registration form available on the D-16 website	1500 Friday to 2100 Sat.	Shilo Inn Suites, Ocean Shores WA

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ADDRESS SERVICE REQUESTED



The Seaman's Log is the publication of the Olympia Sail & Power Squadron, published monthly except August as the main line of communication of our members. Please send changes of address, and requests to be included or removed from mailing lists to the Circulation Manager

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Squadron meetings are held the 3rd Monday of each month starting at 1930, unless otherwise specified. Call one of the Officers for the location. Summer meetings (July & August) are usually held at different locations.

Executive Committee meetings are held the 2nd Monday of each month at places *to be announced* in the Seaman's Log, starting at 1900 except in July and August when they are held at Rendezvous. **THEY ARE OPEN TO ALL MEMBERS WHO ARE INTERESTED IN ATTENDING.**